

Why do girls tend to drop out of physical activity in greater numbers than boys? (3)

- 1 (their school experience) due to bad PE experience at school/ unpleasant showers/ kit/ changing facilities/ inadequate choice at school.
- 2 (community experience) inadequate choice or provision or opportunity / eg lack of clubs/ lack of female sports leaders.
- 3 (their peers) Peer pressure / maybe their friends don't participate
- 4 (distractions) other distractions – there are other choices of leisure activities that are preferred.
- 5 (role models) There are lack of role models in the family or nationally/ and maybe less media coverage of women's sport.
- 6 (Attitudes) There might be the perception that sport isn't feminine, a belief that sport is for males. Those negative attitudes/prejudices may discourage girls.
- 7 (low esteem) Girls might have low self-esteem/ lack of confidence/ they don't think they are good enough/ fear of failure/ embarrassment/ body consciousness.
- 8 (religion) Some ethnic groups don't encourage sport for women because of religious/cultural values.
- 9 (criticism) Some girls might be very sensitive to adverse comments from coaches and teachers, or their family

(ii) What does the Women's Sports and Fitness Foundation do?

3 marks for 3 of:

3

- 1 (equality) It promotes equality
- 2 (campaigns) It campaigns in order to: increase participation or increase opportunity or increase access or decrease drop out rate / promotes female sport
- 3 (Profile) It raises the profile of British sportswomen or teams.
- 4 (information) It gives advice or information on women's sporting issues/ shares examples of good practice.
- 5 (influence) It tries to influence national or regional government or sports councils/ change policies.
- 6 (leaders) It encourage women into positions of responsibilities/ eg administration and coaching