

GCE

Physical Education

Advanced GCE A2 H554

Advanced Subsidiary GCE AS H154

Mark Schemes for the Units

January 2009

H154/H554/MS/R/09J

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Mark schemes should be read in conjunction with the published question papers and the Report on the Examination.

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Advanced Subsidiary GCE Physical Education (H154)

MARK SCHEMES FOR THE UNITS

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G451 An Introduction to Physical Education

| Question | | | | | | Addit | ional Guidance |
|------------------------------------|--|---|---------------|--------------------------|---------------------|---------------------------------------|--|
| Section A - Anatomy and Physiology | | | | | | Accept | Do not accept |
| | | | | | | | |
| 1 (a) | Use your 3 marks | anatomical a | nd physiolo | gical knowle | edge to com | plete the table below for the athle | ete's spine. |
| | Joint | Joint Type | Movement | Agonist | Antagonist | | |
| | Spine | 1Gliding /Cartilagi nous Flexion | Flexion | 2Rectus Abdomin us | 3 Erector Spinae | | |
| | | ways in which | | would affect | t the streng | th of contraction of the muscles | during the sit up. |
| 1. | Increased | speed or force | e or strength | of muscle co | ontraction. | | |
| 2. | Improved | elasticity of mu | uscle fibres. | | | | Muscles become more flexible |
| 3. | Less resis | tance within th | ne muscle/ re | duced muscl | le viscosity | | |
| 4. | Increased | speed of nerv | e transmissio | on to the mus | scle fibres. | Speeds up impulses in motor neurones. | |
| 5. | Increased | temperature o | of the muscle | /body | | | Temperature (needs body or muscle ref) |
| 6. | Improved coordination between antagonistic pairs | | | | 3 | | |
| 7. | Increased | enzyme activi | ty | | | | |
| | | | | | | <u> </u> | 5 marks in total for question 1(a |

| Questic | on | | | Additional Guidance | |
|---------|----------------------------|-------------------------------------|-------------------------|--|-----------------------------------|
| Section | A - Anatomy and Ph | ysiology | | Accept | Do not accept |
| 1 (b) | | | | pressure value for an adult at rest in | both phases of the cardiac cycle. |
| | | Contraction Phase | Relaxation Phase | | |
| | Name of Blood Pressure | 1. Systolic | 2. Diastolic | | |
| | Value of Blood Pressure | 3. 100 – 130 <u>mm</u> <u>Hg</u> | 4. 70 – 90 <u>mm Hg</u> | Must have exact values ie mm Hg | |

| Question | | Additional Guidance | | | | |
|---------------------|---|---|---------------|--|--|--|
| | | Accept | Do not accept | | | |
| 1 (b) cont. | What changes would you expect to occur to blood pro | essure during exercise? | • | | | |
| 5. | Increases | Diastolic – remains the same /Systolic increase | | | | |
| 1 (c) | How do neural factors regulate heart rate during physical activity and during a period of gradual recovery. 5 marks during activity in total. 1 mark per point max 5: Sub max 4 for points 1 – 7 | | | | | |
| During activ | vity | • | | | | |
| 1. | Chemoreceptors detect decreases in O2/ pH of the blood/increases acidity /CO2/Lactic acid | | | | | |
| 2. | Proprioreceptors detect movement | | | | | |
| 3. | Baroreceptors detect increases in blood pressure | | | | | |
| 4. | Messages are sent to the cardiac control centre/ CCC (in the medulla oblongata) | Stimulate CCC | | | | |
| 5. | S/A node stimulated / the (cardiac) accelerator nerve | SA node reference only when linked to physical activity(not recovery) | | | | |
| 6. | The sympathetic nervous system increases heart rate | | | | | |
| During reco | overy | | | | | |
| 7. | Chemoreceptors detect increases in the O2/ pH of the blood/ decreases in acidity /co2/Lactic acid | | | | | |
| 8. | Proprioreceptors detect reduction in movement | | | | | |
| 9. | Baroreceptors detect decreases in blood pressure | | | | | |
| 10. | Messages are sent (to the S/A node) via the vagus nerve | | | | | |
| 11. | The parasympathetic nervous system decreases heart rate. | | | | | |
| | | | | | | |

| Question | | Additional Guidance | | | |
|----------|---|------------------------------|--------------------------------------|--|--|
| | | Accept | Do not accept | | |
| 1 (d) | Describe the processes of internal respiration which allow n | nore oxygen to be diffused i | nto the muscle cell during exercise. | | |
| | 5 marks | | | | |
| 1. | More oxygen is available for diffusion into the muscle cell | | | | |
| 2. | (Oxyhaemoglobin) dissociation curve shifts right or accelerated/ | | | | |
| | greater dissociation of O2 from haemoglobin | | | | |
| 3. | Increase in the temperature of the blood or muscle cells | | | | |
| 4. | Reduces affinity of oxygen to haemoglobin | | | | |
| 5. | More oxygen being used in the muscle cell/ decrease in the partial pressure of oxygen in the muscle | | | | |
| 6. | Increased diffusion or concentration gradient (of O2) | | | | |
| 7. | More Carbonic Acid or Carbon Dioxide or Lactic Acid in blood | | | | |
| 8. | Increased acidity / decrease in pH of the blood / Bohr Effect | | | | |

| | Question | Additional Guidance | | |
|-------------|--|--------------------------------|---|--|
| | | Accept | Do not accept | |
| 1 (e) | Evaluate critically the impact of long term aerobic tra | ining and lifestyle choices on | the efficiency of the respiratory system. | |
| | 10 marks- Levels marked question | | | |
| Level 3 | A comprehensive answer: | | | |
| | detailed knowledge & understanding; | | | |
| 8 – 10 | effective analysis/critical evaluation and/or discussion | · · | | |
| marks | clear and consistent practical application of knowled | 9 . | | |
| | accurate use of technical and specialist vocabulary; | | | |
| | high standard of written communication | | | |
| | | | | |
| Level 2 | A competent answer: | | | |
| | satisfactory knowledge & understanding; | | | |
| 5 – 7 marks | analysis/critical evaluation and/or discussion attemp | | | |
| | some success in practical application of knowledge; | | | |
| | technical and specialist vocabulary used with some | | | |
| | written communication generally fluent with few erro | rs. | | |
| | A limited answer: | | | |
| Level 1 | basic knowledge & understanding; | | | |
| | little or no attempt to analyse/evaluate critically and/ | or discuss: | | |
| 0 – 4 marks | little or no attempt at practical application of knowled | | | |
| | technical and specialist vocabulary used with limited | • | | |
| | written communication lacks fluency and there will be | | intrusive. | |
| | | , | | |
| | | | | |
| | | | | |
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| | | | | |

1e. Indicative content: Candidate responses are likely to include: (Relevant candidate responses that are not listed should be acknowledged).

Numbered points refer to indicative content or knowledge Bulleted points refer to development of knowledge

- 1. Improvements to the efficiency of the respiratory system (will be seen after a few weeks of aerobic training.)
- 2. Increased efficiency to take in O2 or to supply O2 to muscles

Changes will be due to:

Respiratory Structures- External Respiration

- 3. increased surface area of alveoli
- 4. increased elasticity of lungs
- 5. increased capillary density around alveoli
 - o greater amount of O2 diffused in to blood
 - o greater amount of CO2 diffused in to alveoli
 - o greater gaseous exchange/ increase pulmonary diffusion
 - o greater saturation of haemoglobin with oxygen

Respiratory Structures-Internal Respiration

- 6. increased capillary density around muscle tissue
 - greater amount of O2 diffused in to muscle cell
 - greater amount of CO2 diffused in to blood
 - o greater gaseous exchange/ increased muscle and tissue diffusion
 - o increased a-VO2 difference
- o increased a-VCO2 difference

Improvements to Breathing Mechanisms

- 7. strengthens respiratory muscles/ respiratory muscle hypertrophy
 - o diaphragm, intercostals, SCM, scalenes, abdominals
- 8. increased efficiency of the mechanics of breathing
- 9. increased depth of breathing
- 10. decreased breath frequency
 - o reduces or delays respiratory muscle fatigue

Increases in Lung Volumes or Capacities

11. increased tidal volume during maximal exercise

- 12. increased maximal minute ventilation
- 13. increased vital capacity
- 14. decreased residual volume
- 15. increased inspiratory reserve volume
- 16. increased expiratory reserve volume

These physiological adaptations would result in:

- 17. increased VO2 max
- 18. delays OBLA or lactate threshold/increases endurance capabilities
- 19. lifelong involvement in physical activity

Altitude Training

- 20. reduced ppO2 / hypoxic conditions
- 21. initial decrease in the efficiency of the respiratory system
- 22. BUT increase in efficiency of respiratory system when returning to sea level
 - o Reference to any relevant physiological response e.g increased capillary density.
- 23. Choice to live high or use hypoxic tents but train low

<u>Asthma</u>

- 24. aerobic training can trigger EIA
- 25. particularly in cold / dry conditions
- 26. asthma can inhibit people from taking part in aerobic training
 - inspiratory muscle training (IMT) or aerobic training can alleviate symptoms of asthma

Smoking

- 27. decreases the efficiency of the respiratory system / decreases respiratory health
- 28. decreases the efficiency to supply O2 to muscles
- 29. carbon monoxide reduces the amount of O2 absorbed in blood/
- 30. Hb has greater affinity to CO than O2
 - decreased gaseous exchange or diffusion gradient
- 31. increases likelihood of respiratory diseases
 - (e.g. shortness of breath/ coughing/ lung cancer/ emphysema etc.)
- 32. damage to respiratory structures
- 33. tar coats the airways and inhibits gaseous exchange/tar builds up in lungs
 - o impairs lung function
- 34. narrowing of air passages causing increase in respiratory resistance

Section A Total [30]

| | Question | Additional Guidance | | |
|-----------|---|-------------------------|---------------|--|
| Section B | Acquiring Movement Skills | Accept | Do not accept | |
| 2 (a) | The classification of motor skills in sport is often used in determining Using a motor skill of your choice, mark its position on each of the fol placement. 6 Marks. Both placement and justification must be correct | lowing continua and wri | | |
| | MOTOR SKILL: Receiving a tennis serve: | | | |
| | Gross | | Ref. pace | |

| Question | | Addit | ional Guidance |
|-------------------------|--|--------|------------------------------|
| | | Accept | Do not accept |
| | (candidates may choose low organisation because the preparation movements can be split up (though not very easily) and this can be a correct justification – look for appropriateness) | | |
| 2 (b) 4 marks max | The motivation to lead an active, healthy lifestyle has an impact on particle by Briefly explain what is meant by drive reduction theory. Describe healthy lifestyle. 2 marks submax | | |
| 1. | When task or goal is mastered / performer is fatigued or board / performer can not do the skill | | reduction in drive |
| 2. | Loss or decrease of motivation | | |
| 3. | a further or new goal needed to re-motivate | | |
| | Describe how drive reduction can affect the motivation for an active 2 marks submax | | on in AHL must be made |
| 4. | Give up taking part (in active healthy activities) | | |
| 5. | (give up because) Performer only wants to reach a certain level of health or fitness (so they have no desire for an additional drive to remotivate) | | Not interested/waste of time |
| 6. | (give up because) performer becomes bored (with physical activity) | | |
| 7. | (give up because) performer unable to master activity | | |
| 8. | (loss in initial drive) motivates performer to look for a further challenge or goal | | |

| | Question | Additional Guidance | | |
|-------|--|---------------------|--|--|
| | | Accept | Do not accept | |
| 2 (c) | Types of motor control affect the acquisition of movement skills in sport Explain the role of closed loop control in the performance of movement 4 marks | | | |
| 1. | Kinaesthetic or intrinsic or internal or proprioceptive feedback monitors performance | | 'affects' performance. Feedback available | |
| 2. | Allows for comparison between perceptual and memory trace | | | |
| 3. | Incorrect movement can be adjusted during the skill | | | |
| 4. | Improvement or progress or learning occurs | | | |
| 5. | Correct movements are reinforced | | | |
| 6. | Level 2 motor control allows for quick adjustment of skills / Involves sub-conscious control so movements can be adjusted quickly | | | |
| 7. | Level 3 motor control results in jerky movements as the skill is adjusted / involves conscious control so movements take longer to adjust | | | |
| 8. | Memory trace might be incorrect / perceptual trace might be inaccurate | | | |

| Question | | Additional Guidance | | |
|----------|---|---|-------------------------------|--|
| | | Accept | Do not accept | |
| 2 (d) | Identify the three different types of reinforcement used in acquirir Explain how reinforcement can be used to promote a healthy lifes 6 marks | | • | |
| 3 marks | submax for 3 types of reinforcement identified. | | | |
| 1. | Positive (reinforcement) | | | |
| 2. | Negative (reinforcement) | | | |
| 3. | Punishment. | | | |
| 3 marks | submax for 3 explanations. | | | |
| 4. | (Positive reinforcement) Give praise or positive feedback or reward when positive or functional or active or healthy behaviours are shown. | | | |
| 5. | (Positive) Show results or benefits of following a healthy lifestyle / educate or persuade by showing positive outcomes | Correct reference to positive role models | | |
| 6. | (Positive) strengthens the S-R bond between exercise and being healthy | | 'strengthens S-R bond' on own | |
| 7. | (positive) enjoyment of the activity increases the chance that the person will do the activity again | 'feel good factor' | | |
| 8. | (Negative reinforcement) Take away praise or reward or privileges if inactive or unhealthy behaviours are shown. | | | |
| 9. | (Negative) Stop negative feedback or punishment or withdrawal of privileges if active or healthy lifestyle shown. | | | |
| 10. | (Punishment) Give negative feedback or tell them off or punish them if not following a healthy lifestyle. | | | |

| | Question | Additional Guidance | | |
|----------------------------|--|------------------------------|-----------------------|--|
| | | Accept | Do not accept | |
| 2 (e) | Figure 2 below is an information processing model, showing the operforming a movement skill in sport. Using a motor skill example from sport, explain each element of the sport of the spo | | sing information when | |
| Level 3 8 – 10 marks | A comprehensive answer: detailed knowledge & understanding; effective analysis/critical evaluation and/or discussion; clear and consistent practical application of knowledge; accurate use of technical and specialist vocabulary; high standard of written communication. | | | |
| Level 2 5 – 7 marks | A competent answer: satisfactory knowledge & understanding; analysis/critical evaluation and/or discussion attempted with some some success in practical application of knowledge; technical and specialist vocabulary used with some accuracy; written communication generally fluent with few errors. | e success; | | |
| Level 1 0 – 4 marks | A limited answer: basic knowledge & understanding; little or no attempt to analyse/evaluate critically and/or discuss; little or no attempt at practical application of knowledge; technical and specialist vocabulary used with limited success; written communication lacks fluency and there will be errors, some | ne of which may be intrusive | | |

Indicative content (acknowledge relevant points made that are not on this list)

(Practical example used throughout – e.g. catching a ball)

- 1 **Input** involves all environmental stimuli eg other players/the ball.
- 2 **Sense organs** receive the stimuli/include vision/audition and proprioceptors eg eyes see the ball coming.
- 3 **Perceptual** mechanism involves interpretation/judgement or making sense of the situation/involves the memory process eg recognise the object as a ball.
- 4 **Perceptual mechanism** also involves decision making or formulating a motor plan eg decision to move hands together to catch the ball.
- 5 The **effector mechanism** involves transferring information from the brain to the muscles eg the decision to catch the ball is sent via nervous system to the muscles in the arms.
- 6 **Muscular system** involves muscle movement necessary to catch the ball eg the muscle in the arm contract and move the arm or hands into the required position.
- 7 **Response** is the end product or the movement that is made eg the body moves and the ball is caught.
- 8 **Intrinsic feedback** involves kinaesthesis/information from proprioceptors/the feeling of movement that informs future decisions. Eg the performer feels that the movement is correct and that the ball is caught.
- 9 **Extrinsic feedback** involves environmental information/knowledge of results/information from someone else eg the coach tells the performer that the catch has been made correctly.

Section B Total [30]

| | Question | Additional Guidance | | |
|---------------------------------------|---|---|--|--|
| Section C: Socio | -Cultural studies relating to participation in physical activity. | Accept | Do not accept | |
| 3 (a) | Identify possible benefits to young people of regular participa 4 marks | ation in school Physical Ed | ducation. | |
| 1.(healthy balanced lifestyles) | improved health / healthy balanced lifestyles / contributes to '5 a week/ mental well-being /relieve stress / break from academic work / reduced obesity or CHD or other suitable example of improved health | Example of increased health eg inc bone density. | | |
| 2.(physical) | physical (benefits or skills) / (gain) sport skills/improved fitness/ | | 'Skills' on own | |
| 3.(theoretical knowledge) | Knowledge of or learning about the body or theory or nutrition or sports (skills) or rules or tactics or benefits of exercise/ qualifications. | | | |
| 4.(preparation) | preparation (benefits or skills) / preparation for leisure or sport / take up activity / increased participation / join club / chance to play competitive sport/ preparation for career or work (later) life e.g. become PE teacher or professional performer or coach or other suitable example | hobby | reference to creating elite performers | |
| 5. (personal / leadership) | personal (benefits or skills) / leadership / self-confidence or esteem or realisation or development / knowledge of strengths and weaknesses or self-actualisation / discipline / character building / loyalty / learn to win-lose / sense of achievement / responsibility / independence / to be competitive / enjoyment | accept defeat / learn about themselves / feel good factor | to play competitive sport / skills for school or life or work / sense of adventure | |
| 6.(social / teamwork) | social (benefits or skills) / teamwork / sharing /co-operation / communication / socialisation | interaction | socialise / make friends improve social life / be more social | |
| 7.(commitment / mental) | commitment / determination / motivation / meeting or overcoming challenges / mental strength emotional control | | | |
| 8.(cognitive) | cognitive or thinking skills / decision making / problem solving | | | |

| | Question | Additional Guidance | | | | | | |
|---|--|---------------------|--------------------------|--|--|--|--|--|
| Section C: Socio-Cultural studies relating to participation in physical activity. | | | Do not accept | | | | | |
| | | | | | | | | |
| 9.(sportsmanship) | sportsmanship / fair play / positive behaviour / morals / respect for others (or other suitable example) | not to cheat | 'respect' on own | | | | | |
| 10.(quality of life) | qualitative values (improved) quality of life / chance to be creative / achieving excellence | | | | | | | |
| 11 (aesthetic) | aesthetic appreciation or awareness | | ref. natural environment | | | | | |

| | Question | Additio | nal Guidance |
|-----------------------|--|--------------------------|--------------------------------|
| | | Accept | Do not accept |
| 3 (b) | Describe possible consequences of the use of drugs in sport at 6 marks for 6 of: sub max 4 from one section. Do not accept one word answers – descriptions required. | nd possible solutions to | the problem of drugs in sport. |
| Possible consec | quences: | | |
| 1.(physiological.) | Enhanced performance by improving strength or speed or other suitable eg | | |
| 2.(fame/fortune) | (Chance for) fame or fortune | | |
| 3.(role models) | Poor role modelling by giving a bad example | | |
| 4.(reputation) | undermines spirit of sport/ lowers interest in sport/ / gives sport a bad name/ lowers status of sport/bad publicity/loss of sponsorship/ruined career | | |
| 5.(unfair) | A false or unfair result or record / performer gains unfair advantage | | |
| 6.(physiological) | Physiological damage/danger to health/ possibility of addiction or lowered life expectancy or death/accept example/s such as liver disorders or heart disease or sexual or gynaecological problems | | |
| 7.(psychological) | | | |
| 8 .(law / punishment) | Law breaking / ban or fine or being stripped of medals or other punishment. | | |
| Possible solution | ns: | | Ban on own |
| 9. (punishment) | <u>Stricter</u> punishments /Olympic life bans/standardisation of punishments/ /harsher consequences/return of medals or funding/ fines/ lose sponsorship / lose prize money | | |
| 10. (testing) | Stricter or random or targeted or more or better or regular testing/out of season testing/more money for testing/more research into testing | | |
| 11. (education) | Educate coaches or performers /make coaches or performers aware of dangers or aware of moral issues /education at schools or clubs /100% ME | | |

| 12. (WADA) | WADA / standardise (worldwide) doping policy (especially by NGBs) |
|-------------------|--|
| 13. (role models) | role models or Sports Ambassadors to publicise or encourage drugs free sport/ 'name and shame' |
| 14. (counter | Legalise performance enhancing drugs |
| cult) | |
| 15. (research) | More research into dangers |

| | Question | Additional Guidance | | |
|----------------------------|--|--------------------------------|---------------|--|
| | | Accept | Do not accept | |
| 3 (c) | Describe the nature of sport in the USA. 5 marks | | | |
| 1. (American Dream) | Sport a vehicle for achieving the American Dream or going from rags to riches or achieving upward social mobility | | | |
| 2. (win ethic) | (Driven by) 'win ethic' or Lombardian ethic / win at all costs / very competitive / no draws | | | |
| 3. (commercialism) | Commercialism / sport is (big) business / sport or performers make money / used to promote or advertise products / performers or sports or teams heavily sponsored or endorsed / performer as commodity or billboard | | | |
| 4. Media | media (& advertising) fund pro. sport or influence it e.g. influence rules or timings or dictate commercial breaks | | | |
| 5. (golden triangle) | Golden triangle / relationship between sport, sponsorship and media / sport linked with sponsorship or media | | | |
| 6. (entertainment) | Sport is entertainment or part of entertainment industry / e.g. marching band or 'pom pom' girls or cheerleading squads or other suitable example | | | |
| 7. (capitalist) | Reflects capitalism or free enterprise or private enterprise | | | |
| 8. (dominates) | 'Big 4' or professional sport dominates / little mass participation / limited or no system of local sports clubs | They watch more than they play | | |
| 9. (school / uni sport) | High status of high school or uni sport / high school players local stars / scholarships to universities / university sport feeds professional sport /large crowds at high school or uni 'games' | They play | Elitism | |
| 10. (draft) | (Importance of the) draft system / (top) college athletes drafted into professional sport. | | | |
| 11. (hero worship) | Sport stars as heroes | | | |

| 3 (d) | Compare cycling when performed as a physical recreation with cycling when performed as a sport. 5 marks; direct comparisons must be made and applied to cycling for a mark to be gained | | | | | | |
|-------------------|--|--|---|---------------------------------------|--|--|--|
| | Cycling as recreation | Cycling as sport | Tick relevant point | | | | |
| 1.(Who) | Available to all | Selective / elite | Add second tick next to | Do not accept: | | | |
| 2.(Time) | Time flexible or decided by agreement / no set time / in spare or leisure or own time / you decide when to do it | Strict timings / set times | first tick when linked point (which identifies difference) is made. Accept comparisons e.g.: | spontaneous / spontaneity | | | |
| 3.(Space) | Space or location or distance not fixed or decided by agreement or not clearly defined / no set space | Space or location or distance clearly defined / set space / specialised facilities/ arena / specialist track/velodrome | Cycling when performed as physical recreation is more organised than cycling when performed as | no rules no competition | | | |
| 4.(Org/ Rules) | Limited or low organisation or structure / (usually) no officials / cycle with who you want | rules / NGB rules / codification / organised or structured / officials / races / championships / set teams | a sport. | no skill no training o organisation | | | |
| 5.(Comp) | (Can have) limited or low level of competition | Competitive / competition(s) | | little rules | | | |
| 6.(Skill/ fitness | (Can have) limited or little or low levels of skill or fitness / don't need to be good | Skilful / high(er) level of fitness | | little equipment | | | |
| 7.(Training) | Serious training or coaching or commitment not required | Training or coaching or commitment required | | fixed boundaries sportsmanship | | | |
| 8.(Media) | Not (usually) covered by media / few or no spectators/ limited sponsorship or funding | Media interest / spectators / sponsorship / funding | | gamesmanship PPR 'more enjoyable | | | |

| 9(Am/Pro) | paid / intrinsic / voluntary / hobby / (often) non-serious / taking part more important than wining / enjoyment / fun / social / for health or relaxation or stress relief or other suitable motive | Profession(al) / occupation / paid / extrinsic / obligation / serious / winning or outcome important / prizes | Own speed vs. as fast as possible | | | |
|------------|---|--|-----------------------------------|--|--|--|
| 10.(Equip) | / (can be) inexpensive | Specialist clothing or expensive bike etc / high tech or expensive or proper equipment | | | | |
| 3 (e) | Violence by spectators and played Discuss violence in sport with re 10 marks in total – Levels marke | ers is a contemporary sporting eference to both causes and s | | | | |
| Level 3 | A comprehensive answer: | | | | | |
| 8-10 marks | detailed knowledge & understanding; effective analysis/critical evaluation and/or discussion; clear and consistent practical application of knowledge; accurate use of technical and specialist vocabulary; high standard of written communication. | | | | | |
| Level 2 | | | | | | |
| | A competent answer: | | | | | |
| 5-7 marks | satisfactory knowledge & understanding; analysis/critical evaluation and/or discussion attempted with some success; some success in practical application of knowledge; technical and specialist vocabulary used with some accuracy; written communication generally fluent with few errors | | | | | |
| Level 1 | | | | | | |
| 0-4 marks | little or no attempt at practicaltechnical and specialist vocab | evaluate critically and/or discust application of knowledge; bulary used with limited success | | | | |

| | | • |
|---------|---|---|
| Indicat | ive Content: (acknowl | edge relevant points made that are not on this list) |
| Causes | of violence: Players | and Spectators |
| 1 | (frustration) | frustration with match officials or other suitable example of frustration |
| 2 | (emotional intensity) | emotional intensity or importance of result or pressure/pre-match hype or psyche-up/position in |
| | league or cup or con | npetition/monetary reward. |
| 3 | (abuse/provocation) | provocation or abuse or 'cheating' or rule breaking by opponents or team mates or (where |
| | relevant) from crowd | I/violence on pitch/racism |
| 4 | (punishment) | lack of punishment or deterrent |
| 5 | (religion/tradition) | religion/traditional rivalry/local derby/team loyalty |
| Causes | s of violence: Players | |
| 6 | (weapons) (potentia | l) 'weapons' e.g. sticks or clubs |
| 7 | (nature of game) | nature of game/body checking or contract e.g. ice hockey or rugby |
| 8 | (kit) | kit or equipment that 'de-humanises' or protects |
| Cause | es of violence: Specta | ators |
| 9 | (alcohol/drugs) | alcohol/drugs |
| 10 | (numbers) | overcrowding /poor spectator provision/poor policing or stewarding. |
| 11 | (hooligans) | hooligans at football/organised violence |
| 12 | (mass culture) | mass culture/peer pressure/tribal nature of event/loss of individual identify or diminished |
| | (************************************** | responsibility within |
| | | crowd/limited alternative outlets for energy |
| Possi | ble solutions: Players | |
| 13 | (rule changes) | Rule changes |
| 14 | (punishment) | More severe punishments/accept suitable example |
| 15 | (education) | Education/emphasis on fair play/position as role models emphasised |
| 16 | (officials) | More officials/more authority for officials |
| 17 | (technology) | Technology/video playbacks |
| Possi | ble solutions: Specta | tors: |
| 18 | (Deterrents) | Stricter deterrents or punishments (eg. remove season tickets) |
| 19 | (control of alcohol) | Control of alcohol |
| 20 | | |
| 21 | (facilities) | Improve spectator facilities/separation of fans/home and away fans to leave seperately |
| 22 | (CCTV) | Use of CCTV or other security measures |
| | (liaison) | Liaison of police from different areas or countries |
| 23 | (family) | Promotion as family entertainment/family sections within crowd |

Grade Thresholds

Advanced GCE Physical Education H154 H554 January 2009 Examination Series

Unit Threshold Marks

| Unit | | Maximum Mark | Α | В | С | D | E | U |
|------|-----|-----------------|----|----|----|----|----|---|
| G451 | Raw | 90 | 66 | 58 | 50 | 43 | 36 | 0 |
| | UMS | 120 | 96 | 84 | 72 | 60 | 48 | 0 |

Aggregation was not available in this series

For a description of how UMS marks are calculated see: http://www.ocr.org.uk/learners/ums_results.html

Statistics are correct at the time of publication.

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